

## Revista Multidisciplinar

REVIEW RESEARCH PAPER: USE OF HYDROGEN FOR PREPARING  
HIGH PH ALKALINE WATER AND INNOVATIVE TECHNOLOGIES  
FOR INCREASING WATER PH

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**PERIÓDICO CIENTÍFICO INDEXADO INTERNACIONALMENTE**

DOI: 10.5281/zenodo.xxxxxxxx

DOI: 10.69720/2966-0599.2024.xxxx /Crossref

**ISSN**

International Standard Serial Number

**2966-0599**

[www.ouniversoobservavel.com.br](http://www.ouniversoobservavel.com.br)

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Revista o Universo Observável  
DOI: 10.5281/zenodo.14010453  
[ISSN: 2966-0599](https://doi.org/10.5281/zenodo.14010453)

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**Abstract:**

*Hydrogen, as an active element in water treatment, plays a significant role in the preparation of high pH alkaline water. The development of innovative technologies, such as electrolytic methods and hydrogen-rich water systems, provides methods for increasing water pH effectively. This research paper explores the scientific principles behind using hydrogen to create alkaline water, compares traditional and modern technologies, and highlights the potential benefits and applications of alkaline water, including health and industrial uses.*

**1. Introduction:**

Alkaline water, characterized by a high pH, is often created using methods that involve the generation or manipulation of hydrogen ions. Recent interest in hydrogen-enriched water has driven the development of new technologies to boost water alkalinity. This paper explores how hydrogen contributes to increased water pH and evaluates innovative technologies aimed at producing high-pH alkaline water for domestic and industrial applications.

**2. Chemical Basis for pH Adjustment Using Hydrogen:**

**2.1. Hydrogen's Role in Water Chemistry:**

Water (H<sub>2</sub>O) can undergo electrolysis, breaking down into hydrogen (H<sub>2</sub>) and hydroxide (OH<sup>-</sup>) ions. When hydrogen is introduced in specific forms or concentrations, it can alter the water's pH by increasing the concentration of hydroxide ions, leading to an increase in alkalinity.

**2.2. pH Scale and Alkalinity:**

The pH scale ranges from 0 to 14, where a pH greater than 7 indicates alkalinity. Hydrogen-enriched water often registers a pH between 8 and 9.5, which can neutralize acidic conditions. The presence of hydroxide ions (OH<sup>-</sup>) generated during electrolysis enhances the basicity of water.

**3. Innovative Technologies for Increasing Water**

**pH:**

Several cutting-edge technologies have been developed to raise the pH of water efficiently using hydrogen-based methods. These technologies include electrolytic processes, hydrogenation systems, and advanced ionization techniques.

**3.1. Electrolytic Water Ionization:**

Electrolysis is the most common technique for producing high-pH alkaline water. The process uses an electric current to split water molecules into hydrogen and oxygen, separating the hydrogen-rich water (alkaline) from acidic water. Alkaline water with higher pH is collected from the cathode side due to the generation of hydroxide ions.

• **Key Components:**

1. Electrodes (anode and cathode)
2. Membranes to separate ions
3. Power sources to maintain steady current

This technology is widely used in domestic water ionizers that produce alkaline drinking water and has applications in industrial settings where water alkalinity is required.

**3.2. Hydrogen-Rich Water Generators:**

These systems infuse water with molecular hydrogen (H<sub>2</sub>), which contributes to raising its pH by reacting with free radicals in the water. Hydrogen-rich water not only increases the pH but also offers potential health benefits due to its antioxidant properties.

**3.3. Reverse Osmosis (RO) with Hydrogen Enhancement:**

RO systems, while primarily designed to filter contaminants, can be paired with hydrogen infusion technology to produce alkaline water. Post-RO treatment hydrogenates the water, enriching it with hydroxide ions, which leads to a higher pH.

### 3.4. Magnesium Rod Hydrogenation:

A simpler method involves the use of magnesium rods in water. Magnesium reacts with water to form hydrogen gas and magnesium hydroxide, both of which raise the water's pH. This method is often used in portable water pitchers and bottles that provide alkaline water on demand.

## 4. Comparative Analysis of Technologies:

### 4.1. Efficiency:

- **Electrolytic ionizers** tend to be the most efficient in producing high-pH water consistently.
- **Hydrogen infusion systems** are effective but may not achieve as high pH levels as ionizers, unless combined with other processes.
- **Magnesium rods** offer a cost-effective and portable solution but are slower and less controlled in producing high-pH water.

### 4.2. Cost Implications:

- **Electrolytic water ionizers** have higher initial costs but offer long-term benefits in terms of consistent pH control.
- **Hydrogen-rich generators** are more affordable for domestic use but may require additional treatments for higher pH levels.
- **RO with hydrogen infusion** is most suitable for large-scale applications, given its ability to treat and alkalize water simultaneously.

## 5. Applications of Alkaline Water:

### 5.1. Health Benefits:

Alkaline water is believed to neutralize acidity in the body, providing potential benefits in digestion, detoxification, and hydration. Hydrogen-rich water is gaining popularity due to its antioxidant properties, which can help combat oxidative stress and inflammation.

### 5.2. Industrial Applications:

High-pH alkaline water is used in industries such as agriculture (for soil treatment), textiles (for dyeing processes), and cleaning (as a neutralizing

agent). Alkaline water is also employed in water treatment facilities to neutralize acidic water before it is distributed for public use.

## 6. Conclusion:

The use of hydrogen for preparing high-pH alkaline water is a promising area of research with various health and industrial applications. Technologies such as electrolysis, hydrogen infusion, and magnesium-based systems provide innovative solutions for increasing water pH. The advancement of these technologies has the potential to enhance the availability of alkaline water while making the process more efficient and accessible.

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